Nine out of ten people can’t say this one twice in rapid succession:

*Sinful Caesar sipped his snifter, seized his knees and sneezed.*

Try to say opera singer Ezio Pinzer’s favorite three times quickly:

*Three gray geese in the green grass grazing; Gray were the geese, and green was the grazing.*

Try this one six times without an error:

*Lemon liniment.*

Lord Laurence Olivier supposedly repeated this one before performances:

“*Betty Botter bought a bit of butter.*

‘But,’ she said, ‘this butter’s bitter.

*If I put it in my batter, it will make my batter bitter, but a bit of better butter will make my batter better.*’ So Betty Botter bought a bit of better butter,

And it made her batter better.”

Several sentences that challenge your pronunciation of “S”:

*She sells seashells down by the seashore.*

*Sister Susie’s sewing shirts for soldiers.*

*Slippery sleds slide smoothly down the sluiceway.*

*A snifter of snuff is enough snuff for a sniff for the snuff snifter.*

Repeat all three times swiftly and without any errors:

*Truly rural.*
Sixty-six sick chicks.
Strange strategic statistics.
Tie twine to three tree twigs.
Three new blue beans in a new blown bladder.
The old cold scold sold a school coal scuttle.
Six long slim slick slender saplings.
Does this shop stock short socks with spots?
A bloke’s back brake block broke.

Preshrunk Shirts.
Shy Sarah saw six Swiss wrist watches.
Double bubble gum bubbles double.

Here is a Canadian favorite:
She stood on the balcony, inexplicably mimicking him hiccups, and amicably welcoming him in.

Another good one:
A skunk stood on a stump. The stump thunk the skunk stunk, but the skunk thunk the thump stunk.

This twister, generally regarded as the hardest one of all, will challenge you when spoken once through:
Theophilus Thistle, the thistle sifter, sifted a sieve of unsifted thistles. If Theophilus Thistle, the thistle sifter, sifted a sieve of unsifted thistles, where is the sieve of unsifted thistles Theophilus Thistle, the thistle sifter, sifted?